

Health and Wellness Resources

1. Medlineplus <https://medlineplus.gov/>
 - a. MedlinePlus is the National Institutes of Health's Web site for patients and their families and friends.
2. Genetics Home Reference <https://ghr.nlm.nih.gov/>
 - a. Provides evidence-based information on all aspects of genetics and genetic diseases or conditions
3. Kids Health <http://kidshealth.org/>
 - a. Offers evidence-based health and wellness information for kids, teens, parents, and educators
4. Go Ask Alice <https://goaskalice.columbia.edu/>
 - a. Answers questions about alcohol and other drugs, emotional health, nutrition, physical activity, general health, relationships, and sexual and reproductive health
5. Pillbox <https://pillbox.nlm.nih.gov/>
 - a. Aids in the identification of unknown pills by combining images of pills with appearance and other information to enable users to visually search for and identify prescription and over-the-counter pills or medications.
6. Health Reach <https://healthreach.nlm.nih.gov/>
 - a. Offers quality multilingual, multicultural health information for those working with or providing care to individuals with limited English proficiency. About 61 languages are represented.

Additional Health and Wellness Resources available at www.jclibrary.info

1. Under Research and Learning:
 - a. Covid-19 Info
 - b. Resources by Subject
 - i. Health and Wellness