



Book Discussion Questions

QUILT OF SOULS

by Phyllis Biffle Elmore

1. How does the experience of being uprooted from her home in Detroit and sent to live with her grandparents in rural Alabama impact Phyllis Biffle Elmore's sense of identity and belonging? How does Grandma Lula help her cope with these feelings of abandonment?
2. How is the title significant to the book?
3. Which person did you most relate to and why?
4. Was there a story that resonated with you personally?
5. How does Grandma Lula use quilts to preserve and tell the stories of individuals who have passed away? How do these quilts serve as a form of historical and cultural documentation?
6. Do quilts or other traditions in your own family carry a similar significance?
7. Phyllis Biffle Elmore's memoir emphasizes the importance of oral tradition in preserving family history and culture. How does storytelling function as a bridge between generations and a means of passing down knowledge and values?
8. If you could ask the author one question, what would it be?
9. Did you learn anything new or gain a new perspective from reading this book? What's your one take away?
10. Would you recommend this book to others?